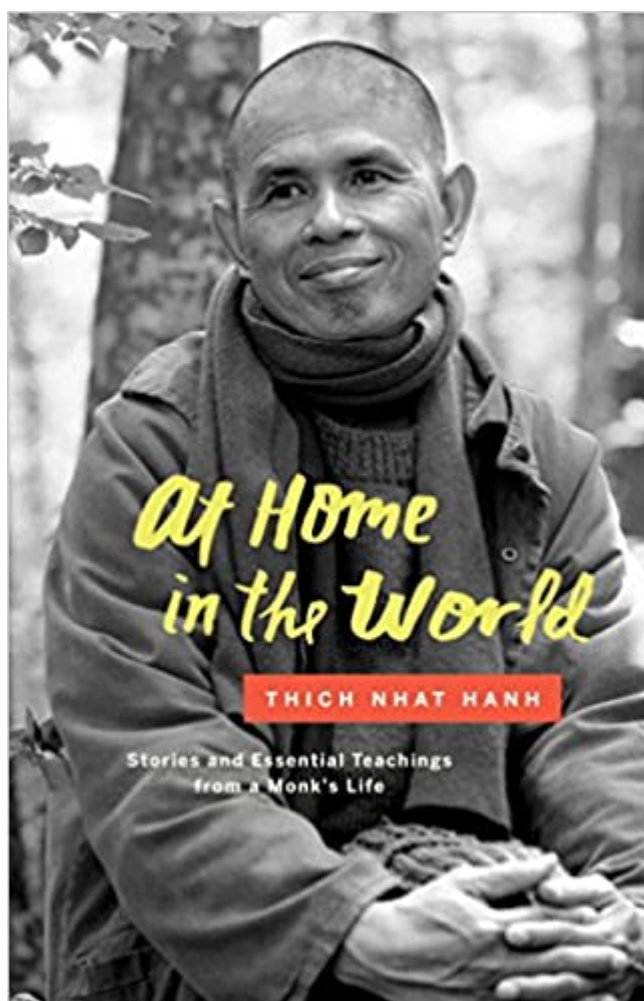


The book was found

# At Home In The World: Stories And Essential Teachings From A Monk's Life



## Synopsis

"Followers and newcomers to Nhat Hanh's teaching alike will find this collection inspiring for everyday practice and for social engagement in the world." •Publishers Weekly This collection of autobiographical and teaching stories from peace activist and Zen Master Thich Nhat Hanh is thought provoking, inspiring, and enjoyable to read. Collected here for the first time, these stories span the author's life. There are stories from Thich Nhat Hanh's childhood and the traditions of rural Vietnam. There are stories from his years as a teenaged novice, as a young teacher and writer in war torn Vietnam, and of his travels around the world to teach mindfulness, make pilgrimages to sacred sites, and influence world leaders. The tradition of teaching the Dharma through stories goes back at least to the time of the Buddha. Like the Buddha, Thich Nhat Hanh uses storytelling to engage people's interest so he can share important teachings, insights, and life lessons.

## Book Information

Hardcover: 187 pages

Publisher: Parallax Press (November 1, 2016)

Language: English

ISBN-10: 1941529429

ISBN-13: 978-1941529423

Product Dimensions: 5.8 x 0.6 x 8.8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 29 customer reviews

Best Sellers Rank: #30,376 in Books (See Top 100 in Books) #35 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Spirituality #41 in Books > Biographies & Memoirs > Leaders & Notable People > Social Activists #232 in Books > Health, Fitness & Dieting > Alternative Medicine > Meditation

## Customer Reviews

Thich Nhat Hanh is one of the most revered Zen teachers in the world today. His best-selling books include *Be Free Where You Are* and *Peace of Mind*. He lives in Plum Village in southwest France. Nhat Hanh has been teaching the art of mindful living for more than 70 years.

The LeafOne day when I was a child, I looked into the water container in the front yard and I saw a

very beautiful leaf at the bottom. It had so many colors. I wanted to take the leaf out and play with it. But my arm was too short to reach the bottom of the water container. So I used a stick to try to take it out. It was difficult and I became impatient. I stirred and stirred twenty or thirty times, and yet the leaf didn't come to the surface. So I gave up and I threw away the stick. When I came back a few minutes later the leaf had come to the surface of the water, and I picked it up easily. In the few moments I had been away, the water had continued to swirl and had brought the leaf up to the surface. This is how our unconscious mind works. When we have a problem or difficulty to solve or when we want to have more insight into a situation, our conscious mind has to entrust to the unconscious mind the task of finding the insight. The unconsciousness mind knows how to listen and collaborate with us and with our intentions. Sometimes before going to sleep you might tell your store consciousness: "Tomorrow I want to wake up at 4:30

Great book!

Be the change you want to see in the world, and this book shows you how to live a life of meaning, no matter where you live.

excellent

as expected

One of the best book that I read.. he is great, love it

The best. And a bit different from his other books.

This book has been especially helpful in my study of Buddhism.

100% satisfied

[Download to continue reading...](#)

At Home in the World: Stories and Essential Teachings from a Monk's Life The Episcopal Way: Church's Teachings for a Changing World Series: Volume 1 (Church Teachings for Changing the World) Chögyon Trungpa: The Sacred Teachings on Severance: Essential Teachings of the Eight Practice Lineages of Tibet, Volume 14 (The Treasury of Precious Instructions) Bedtime

Stories for Kids: Short Bedtime Stories for Children: (Bedtime Stories for Babies, Bedtime stories for Kids Ages 4-8, Uncle Nick's Bedtime Stories ... (Uncle Nick's Bedtime Stories for Kids) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Essential Oil Recipe Book - 30 Proven Essential Oil Recipes :: My Essential Oil Private Collection Vol. 1 (Private Collection Essential Oils) Beginner's Home Recording On A Budget: How to Build an Affordable Recording Studio at Home and Get Your Music Heard (Home Recording, Home Recording for ... Songwriting, Home Studio, Acoustic) INTERIOR DESIGN : The Beginner's guide, organise your home, techniques and principles on art of decoration: Customise your home with us (Home design, home construction, home arranging with style) World War 1: Soldier Stories: The Untold Soldier Stories on the Battlefields of WWI (World War I, WWI, World War One, Great War, First World War, Soldier Stories) Why I reject Jehovah Witness teachings Checking out the basic history and teachings: From an Evangelical perspective The Buddha's Teachings on Social and Communal Harmony: An Anthology of Discourses from the Pali Canon (The Teachings of the Buddha) Bedtime Stories for Children: Short Bedtime Stories for Kids: (Bedtime Stories for Babies, Bedtime stories for Kids Ages 4-8, Uncle Nick's Fun Bedtime ... Nick's Bedtime Stories for Kids Book 3) Bedtime Stories for Kids: Short Bedtime Stories for Children: (Bedtime Stories for Babies, Bedtime stories for Kids Ages 4-8, Uncle Nick's Fun Bedtime ... Nick's Bedtime Stories for Kids Book 1) Essential Oils For Beginners: Essential Oils For Weight Loss: Essential Oils Natural Remedies: Essential Oils Summer And Winter Recipes: Nature's Best Kept Secret For Weight Loss And Balance Health Aromatherapy & Essential Oils: The Complete Aromatherapy & Essential Oils Guide for Beginners (Essential Oils Book, Aromatherapy Book, Essential Oils and Aromatherapy Recipes for Everyone) Essential Oils For Pets: Ultimate Guide for Amazingly Effective Natural Remedies For Pets (Natural Pet Remedies, Essential Oils Dogs, Essential Oils Cats, Aromatherapy Pets, Essential Oils For Pets,) Home Automation - A Smart Home Guide: The Beginner's Manual Including Google Home, Echo Dot and Alexa. Easy Instructions, Directions and Commands ... and Home Automation Guide Series Book 1) True Ghost Stories And Hauntings: Eerie True Paranormal Hauntings, Unexplained Phenomena And Disturbing True Ghost Stories (True Ghost Stories, Bizarre True Stories,) The Monk and the Yak: An Eastern story that teaches the value of friendship and trust in life. (Inspirational Children's Books) (by MeditativeStories.com) The Monk and the Yak: Children's Picture Book: Moral Story for Kids on Friendship and Trust in Life, Age 3-10) (Inspiring Children's Books Collection

Contact Us

DMCA

Privacy

FAQ & Help